



# News Release

FOR IMMEDIATE RELEASE

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## “From the Inside Out”

### *Art Show on Santa Fe of Florence Crittenton Students’ Work*

**DENVER – March 5, 2010** – The Alpine Fine Art Center in the Santa Fe Arts District is hosting an exhibit of art created by students attending the Florence Crittenton School, operated by Parent Pathways, from March 19 through 27.

The gallery will be showcasing students' "Self Boxes," created under the guidance of Art Therapist Beth Erlander, in an interpretive show entitled “From the Inside Out.”

Parent Pathways’ Florence Crittenton School is a DPS alternative school serving pregnant and parenting teens, many of them from at-risk backgrounds. During Erlander’s self-box project, students are asked to select two boxes, one to represent them and one to represent their baby, their deepest secret, or something really precious to them. On the outside of their box, they depict the way they think the world sees them or the parts that they show the world. The inside is devoted to who they think they really are. The project also helps the girls work through their relationship with their children. More information can be found at <http://www.parentpathways.org/artshow2010.html>.

The Alpine Fine Art Center is located at 826 Santa Fe Drive in Denver, telephone 303.733.4847, [www.alpinefineart.com](http://www.alpinefineart.com). Student art will be on display from March 19-27. Gallery hours are:

Tuesday and Wednesday 11 am - 5 pm  
Thursday and Friday 10 am - 5 pm  
Saturday 10:30 am - 4 pm

Art therapy is based on the belief that the artistic process helps people to resolve problems, develop interpersonal skills, reduce stress, and increase self-awareness and self-esteem. Art therapy also brings the elements of fun and play while looking deeply at difficult issues.

#### **About Parent Pathways**

Parent Pathways is a Denver-based non-profit that empowers struggling teen families to be productive members of the community. Using a holistic and proven approach, Parent Pathways offers a spectrum of wraparound services for the entire teen family, including education, health/wellness services, career guidance and parenting training for pregnant and parenting teen mothers at the Florence Crittenton School; early childhood education for their infants and toddlers at the Qualistar-rated Early Learning Center; and counseling, education and parenting support for teen fathers through the Young Fathers Program. Learn more at [www.parentpathways.org](http://www.parentpathways.org).

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